



# TOWN OF WAKEFIELD

TOWN COUNCIL

Mehreen N. Butt, Chair  
Jonathan P. Chines, Vice-Chair

Anne P. Danehy  
Edward F. Dombroski, Jr.

Michael J. McLane  
Julie Smith-Galvin

Robert E. Vincent II  
Sherri A. Dalton, Clerk

## NOTICE OF MEETING

July 11<sup>th</sup>, 2022 | 7:00 p.m.

WCAT Studio – 24 Hemlock Road | Via Zoom: <https://us02web.zoom.us/j/85893684039>

Consistent with the Governor's orders extending certain provisions of the Open Meeting Law, every effort will be made to allow the public to view and/or listen to the meeting in real time. If you do not have a camera or microphone on your computer you may use the following dial in number: 1-301-715-8592 Meeting ID 858 9368 4039. Please only use dial in or computer and not both, as audio feedback will distort the meeting. This meeting will be audio and video recorded. In compliance with the Americans with Disability Act, this location is accessible to people with disabilities, Wakefield provides reasonable accommodations and/or language assistance free of charge upon request. If you are a person with a disability and require information or materials in an alternate format, or if you require any other accommodation, please contact the Town's Disability Coordinator, William Renault-Town Engineer at 781-246-6308 as far in advance of the event as possible. Every effort will be made to grant your request. Advance notification will enable the Town to make reasonable arrangements to remove an accessibility barrier for you.

### Item 1 | Call to Order

### Item 2 | Pledge of Allegiance

### Item 3 | Attendance

### Item 4 | Public Engagement

Any member of the public who wishes to address the Town Council is asked to submit any comments or concerns to <https://www.wakefield.ma.us/public-participation> at least two hours prior to the start of the meeting. Alternatively, members of the public are invited to participate via the Zoom virtual meeting, using the instructions listed above.

In the event further deliberation or action is warranted, any issues raised may be included as an item on a future Town Council Agenda.

### Item 5 | Approval of Minutes

Approval of the June 27<sup>th</sup>, 2022 Town Council meeting minutes.

### Item 6 | Presentations

Wakefield Unified Prevention Coalition update.



### **Item 7 | Youth Council**

Request to reduce Youth Council composition from 17 members to 15 members (11 high school members and 4 middle school members) and to solicit applications in the fall for the 1 open high school position and 3 open middle school positions.

### **Item 8 | Updates**

- A. 460-466 Main Street.
- B. Fourth of July recap.
- C. Rail/Trail.

### **Item 9 | Donations**

Request to accept and expend a gift or gifts in the amount of \$100.00 to the Library from various donors with thanks.

### **Item 10 | Announcements**

### **Item 11 | Matters Not Anticipated for Agenda**

Any Voting matters not anticipated prior to the 48-hour public notice requirement but necessitating immediate action by the Council.

### **Item 12 | Adjournment**

Next Regular Town Council Meeting: Monday, August 1<sup>st</sup>, 2022 at 7:00 p.m.

# Wakefield Substance Use & Mental Health Updates



## WAKE UP'S MISSION & VISION

Wake-Up's vision is a safe, vibrant, resourceful Wakefield in which all members, young to old, engage in making healthy decisions.

Wake-Up (Wakefield Unified Prevention Coalition), formed in 2011, is a community-based coalition of residents, businesses, organizations, professionals, and advocates who work together to promote a healthy community environment.

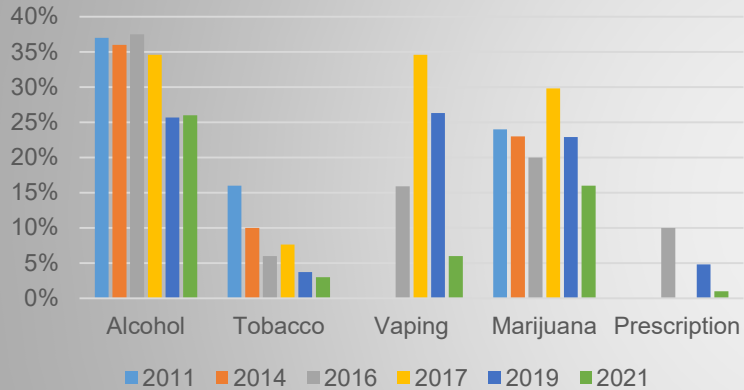
The Coalition is dedicated to reducing alcohol, tobacco, and other drug use among its residents, especially its youth. Partnering locally and regionally, we take a leadership role in implementing environmental and evidence-based substance prevention strategies.

### Partners:

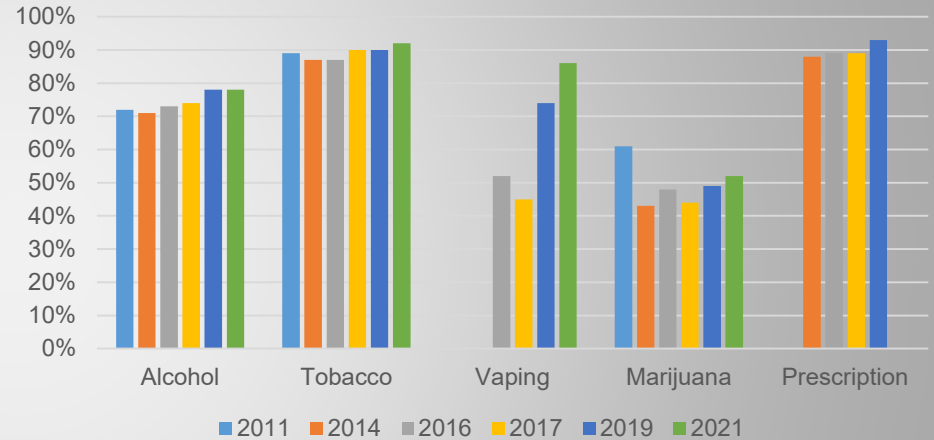
AdCare Hospital, Beebe Library, Boys & Girls Club of Stoneham and Wakefield, Eliot Community Services, Greenwood Wine & Spirits, Tufts Medicine/Melrose Wakefield Healthcare, Mystic Valley Public Health Coalition, NE Metro Tech, Riverside Community Care, State Representative Donald Wong, State Representative Kate Lipper Garabedian, State Senator Jason Lewis, Wakefield Alliance Against Violence, Wakefield Board of Health, Wakefield Food Pantry, Wakefield Police Department, Wakefield Public Schools, Wakefield Rotary, WCAT, WMHS Senior Night Committee, And More...

# Wakefield Youth Data

The trend of Past 30 Day Use of from 2011 to 2021 among HS students in Wakefield

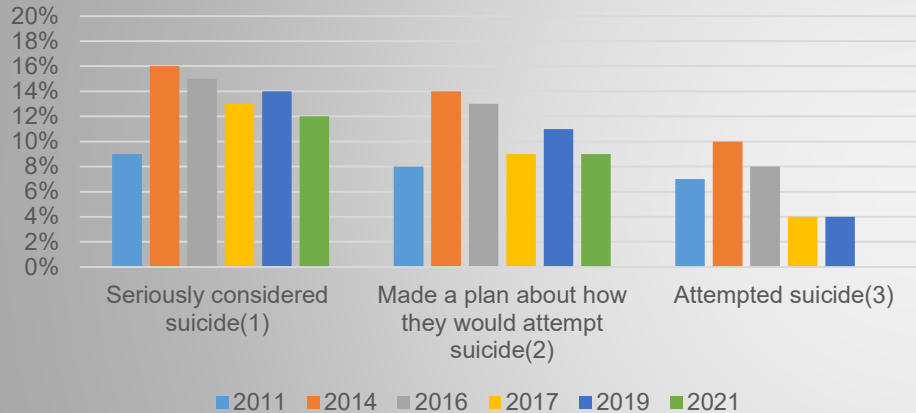


Perception of Risk from 2011 to 2021 Among HS students in Wakefield

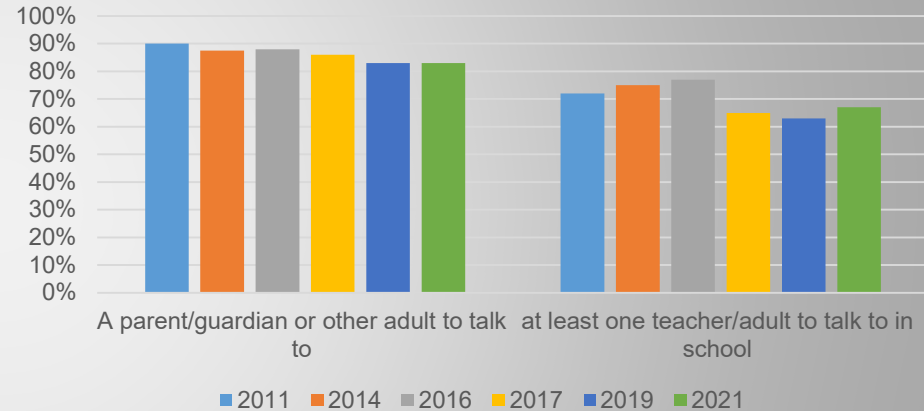


# Wakefield Youth Data cont.

Suicide thinking Risk from 2011 to 2021  
Among HS students in Wakefield

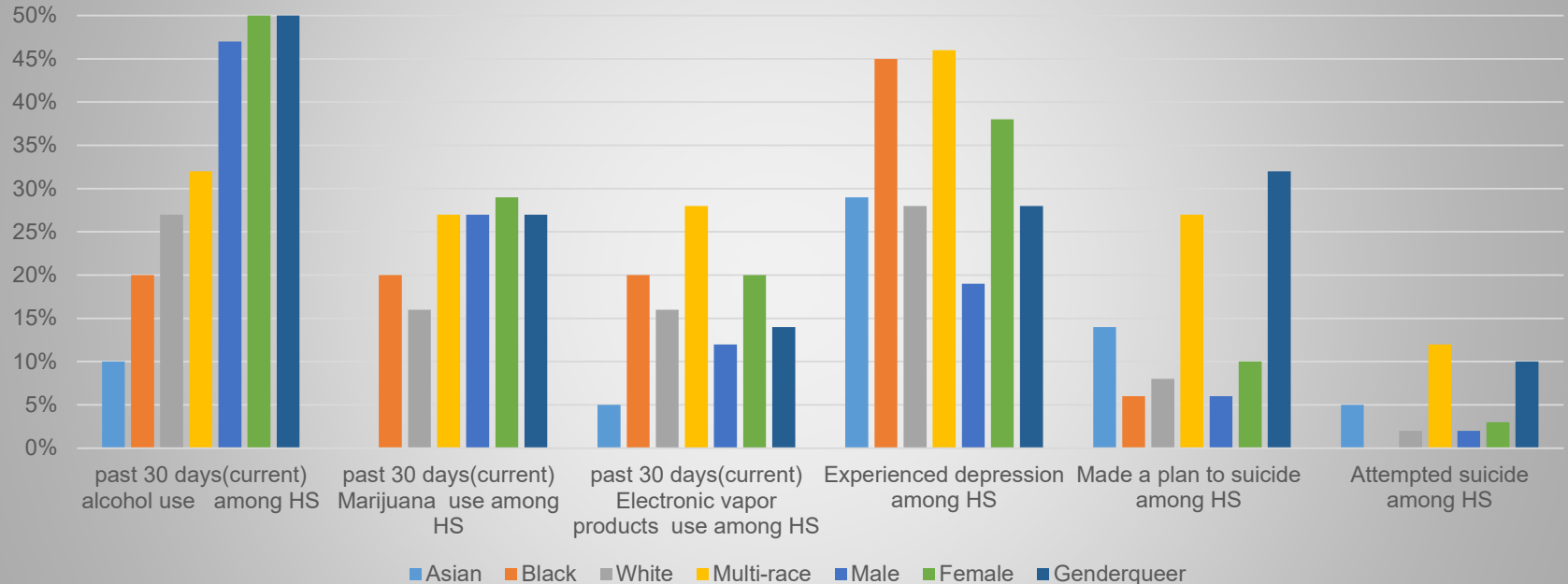


Protective factors Risk from 2011 to 2021  
Among HS students in Wakefield

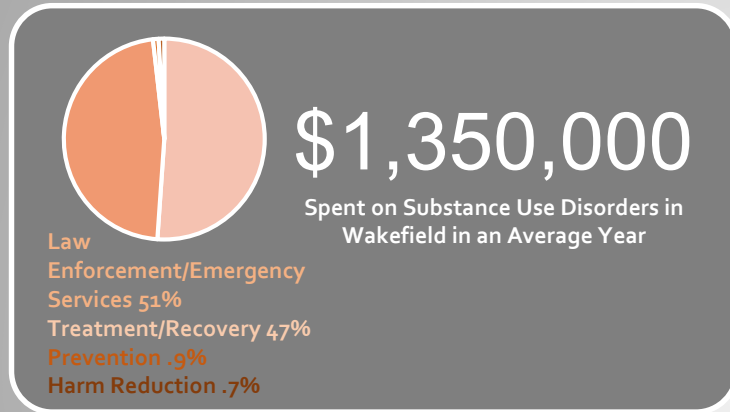


# Wakefield Youth Data cont.

Wakefield (2021) YRBS- Ethnicity and Gender Distribution

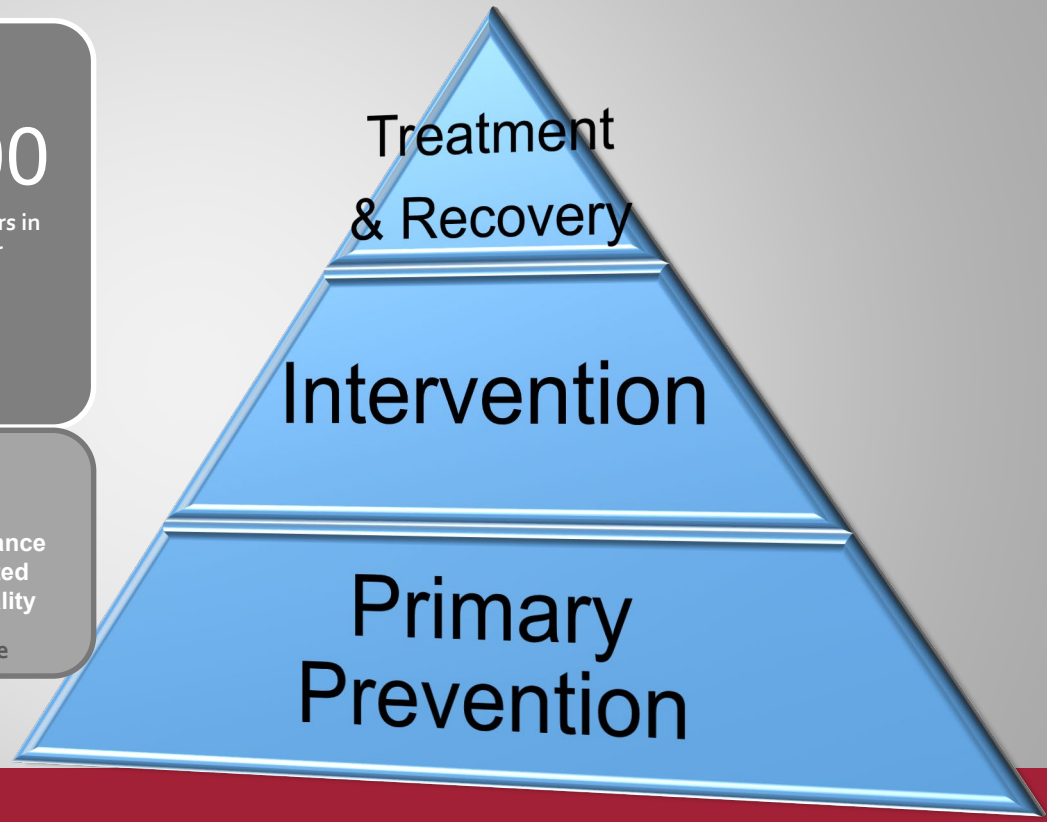
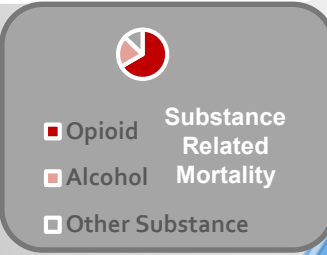


# Addressing Mental Health & Substance Use at the community level



**\$1 = \$8**

*Spending more on prevention can reduce the costs of substance use disorders*







**Treatment  
&  
Recovery**



Eliot Recovery Coach



Eliot Jail Diversion Clinician



Bridge Recovery Center



Eliot Emergency Behavioral Health  
Crisis Services



INTERFACE Referral Services



## Intervention



Social Service Coordinator



SBIRT Screenings




SOS Screening implemented with 8<sup>th</sup> & 11<sup>th</sup> grade students



School-Based Diversion Programs

# Primary Prevention

Evidence-Based Health Class Curriculum (Michigan Model)  
Increased Dosage by 65%




Alcohol Availability & Access  
Updating Alcohol Regulations



Building Inclusive Practices




Parent Education



74.3% of students have not used alcohol in the past 30 days.

Kids who learn the risks of using drugs & alcohol from their parents are up to 50% less likely to use.  
Talk early & often.



Visit [www.wakefieldcup.org](http://www.wakefieldcup.org) for more info.

Tobacco Retailer Education



Peer to Peer Strategies:  
Galvin & WMHS  
Youth Action Teams



# Thank you

Catherine Dhingra, Assistant Director of Health & Human Services  
Wake-Up Coalition, Drug Free Communities Grant Project Director  
[cdhingra@wakefield.ma.us](mailto:cdhingra@wakefield.ma.us)

339-219-4034



Lucius Beebe Memorial Library

345 Main Street  
Wakefield, MA 01880  
cmcdonald@noblenet.org

July 1, 2022

Town Council  
Lee Memorial Town Hall  
Lafayette Street  
Wakefield, MA 01880

Dear Councilors,

In accordance with Chapter 44, Section 53A of Massachusetts General Laws, the Board of Library Trustees requests approval to accept and expend a gift or gifts to the library as indicated on the attached form bearing the above date.

Very truly yours,

Catherine McDonald  
Library Director

7/1/2022

SOURCE	DONOR INTENT	DETAIL	AMOUNT	ACCOUNT TOTAL
<b>VARIOUS GIFTS - ORG 20610290, OBJECT 483000</b>				<b>100.00</b>
Margaret & George Wilson	Donation	Donation	100.00	
<b>MAGAZINE GIFTS - ORG 20610295, OBJECT 483000</b>				<b>0.00</b>
<b>FRIENDS OF BEEBE LIBRARY GIFTS - ORG 20610291, OBJECT 483000</b>				<b>0.00</b>
<b>GIFT BOOKS - ORG 20610296, OBJECT 483000</b>				<b>0.00</b>
<b>TOTAL DONATIONS</b>			<b>100.00</b>	<b>100.00</b>