

Board Members Flo Calore Tom Coffin Elizabeth Ellis Heather Hansson Maureen Hickey Maureen Howlett Susan Jepson

# **Council on Aging Board Meeting Minutes**

Location: Wakefield Town Hall 1 Lafayette Street 1<sup>st</sup> Floor Conference Room Date: October 2, 2019

Meeting called to order at 7:01 pm by Tom Coffin

Members in attendance: Flo Calore, Tom Coffin, Liz Ellis, Maureen Hickey, Maureen Howlett, Susan Jepson, and Judy Luciano

Motion to accept the Minutes of 9/4/19 made by Liz Ellis and Susan Jepson

### **Financial Report**

The Financial Report for: September 2019

- Usual monthly bills. Fuel transfers to DPW, driver cell phone and elevator emergency phone service. New battery and leads for AED defibrillator)
- Susan Jepson asked for clarification about the Boit fund gift account. The fund is for exercise programming at the center. Had exclusively been used for a personal trainer but now used for other exercise programming.
- Under center stats Susan also inquired about attendance in other programming. We chart those by check in / sign in sheets and will bring to next meeting.

Motion to accept the Financial Report was made by Maureen Hickey and seconded by Flo Calore

#### **Director's Report**

- Lobster roll luncheon was well attended again this year. 85 people enjoyed the lunch and entertainment.
- Representatives from LEO, the fuel assistance program made two onsite visits to the center. The first session on the 12<sup>th</sup> had 5 people seeking information and applying for service and session 2 held on the 30<sup>th</sup> had 12 people.
- The Savvy Caregiver program began on September 17. It's a 6 week program presented by Mystic Valley Elder Services and provides information and support for friends and families of those dealing with dementia and Alzheimer's.
- MVES lunch program also had the Traveling Chef at the center. They served 60 people freshly made Paninis.
- The Wakefield Arts and Craft Group will be using the center art room over the next few months for meetings and classes. We are hoping to coordinate some programming with our craft group

Motion to accept Director's Report was made by Susan Jepson and seconded by Maureen Hickey

## **Old Business**

• Judy will continue to work on the Age Friendly action plan draft and have an update at the next meeting.

## New Business

No new Business -

Motion to adjourn the meeting was made at 8:00 by Maureen Howlett and seconded by Flo Calore.

Respectfully Submitted: Maureen Howlett Secretary

Next meeting: November 6, 2019