



Town of Wakefield

**Board Members**

Flo Calore  
Tom Coffin  
Elizabeth Ellis  
Heather Hansson  
Maureen Hickey  
Maureen Howlett  
Susan Jepson

## **Council on Aging Board Meeting Minutes**

Location: Wakefield Town Hall 1 Lafayette Street 1<sup>st</sup> Floor Conference Room

Date: May 1, 2019

Meeting called to order at 7:02 pm by Tom Coffin

Members in attendance: Flo Calore, Tom Coffin, Elizabeth Ellis, Maureen Howlett, Susan Jepson and Judy Luciano

*Motion to accept the Minutes of 4/3/19 made by Liz Ellis and seconded by Maureen Howlett*

### **Financial Report**

The Financial Report for: April 2019

- There was no Verizon Wireless previous month, this month's bill was double.
- The Earthlink bill is unfortunate, but necessary as it is the only service for the elevator phone.
- We are using WB Mason for all expenses as a one stop shopping supplier.
- Review of the vehicle fuel for the month – which we get at the DPW.
- Gifts show a \$300 deposit.
- The Boston Globe weekday delivery is billed in one lump sum of \$603.60
- Presentations by Bruce Hambro/Sinatra and Marianne Snow/Mindful Crafts paid
- Meal-site numbers are down across the State. Fridays, in particular, are very slow. Event days are the most popular and Meal deliveries are up.

*Motion to accept the Financial Report was made by Flo Calore and seconded by Maureen Howlett*

### **Director's Report**

- The Civic Center hosted an event called, Planning for Medicare was attended by 29 people. The time and location presented some issues as the Boys and Girls Club was in session and the meeting began at 5, which is early for some interested and working seniors. It would be better later.

- We printed extra newsletters, many participants not regulars or do not attend the Senior Center were given out.
- 8,000 Days of Retirement (don't panic it's 20 years) Panel with topics including legal and financial information. The presenter will be Glen Duffy from Edward Jones.
- Unfortunately, the Delvena Theatre Group had to cancel their performance due to one of the actors was sick with pneumonia. We offered the Zuzu's luncheon anyway to 60 attendees. There were some dissatisfied customers, but most understood the problem and will get a raincheck for the performance. Zuzu's food was uncharacteristically cold. A call was made to note it to the owner.
- The Food Pantry is going to continue the Quick Stop Food Convenience center at the COA. Most foods are pasta, soups, tuna, pasta sauce etc. There will be a produce program 1x per month – upgrade requested and supplies by GBFB, Shaws and Stop & Shop.
- Marianne Snow had 15 attendees to her Craft presentation and will also host an event this summer that will be simple crafts and will encourage intergenerational participation.
- Bruce Hambro's Sinatra presentation was popular with the 65 folks who attended. It was held in conjunction with our Eat Local, Sonny Noto's lunch. Noto's was very generous with their food portions.
- Hector our VA Representative has moved on to the VA in Bedford. They have someone in mind for the vacancy. Karen Burke in Melrose will cover Wakefield in the meantime.
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*Motion to accept Director's Report was made by Tom Coffin and seconded by Flo Calore*

### **Old Business**

- The funding for address numbers on housing in town was up for discussion again with the word that we have to have numbers that are at least 3 inches in height. Not sure who or what organization will head it up.

### **New Business**

- Working on an action plan for the Age Friendly program.
- Susan Jepson suggested there is a Social Worker she knows who may be able to help our Seniors evaluate homes for modifications to age in place.

*Motion to adjourn the meeting was made at 8:08 by Susan Jepson and seconded by Flo Calore*

*Respectfully Submitted: Maureen Howlett  
Secretary*

Next meeting: June 5, 2019