



# TOWN OF WAKEFIELD

COUNCIL ON AGING

## Council on Aging Board Meeting Minutes

Via Zoom

Date: April 12, 2023

### Director

Karen Burke

### Board Members

Flo Calore

Christine Della Croce

Elizabeth Ellis

Maureen Hickey

Susan Jepson

Joanne Scouler

Sherri Oken

### 1. Call to Order

Meeting called to order at 6:37 pm by Susan Jepson

Members in attendance: Karen Burke, Flo Calore, Susan Jepson, Elizabeth Ellis, Maureen Hickey, Christina Della Croce, Sherri Oken

### 2. Public Comment

No members of public in attendance

### 3. Welcome of new member Sherri Oken

### 4. Approval of Minutes

Motion to accept minutes of March 8, 2023, (with the addition of Joanne Scouler in attendance added) made by Christina Della Croce, seconded by Flo Calore, all in favor to approve minutes with the attendance adjustment.

### 5. Financial Report

- Finances are on track for year-end spending.
- Announced summer change to decrease driver days in June/July/August to driving hours Monday through Thursday. Friday driving hours will be added back in September. This is due to decreased participation over the summer. Drivers will be added on Fridays as needed.

Motion to accept made by Christina Della Croce, seconded by Maureen Hicken, all in favor, approved.

### 6. Director's Report

- Aging Backwards class is now going to be open, without requiring pre-registration. This increased availability of very popular class. Can be safely done numbers-wise after looking at prior attendance and space required for each participant during class.
- Opening up to no registration required for Line Dancing, Chair Yoga, FUNCTIONal Fitness and Strong & Steady classes. This is based on looking at number of participants, space required and instructor input.
- Reported on AARP season. Very successful.



- LEO in-house support ends on May 5<sup>th</sup>. This has been a great success and services. Discussed success of Town supplement and Good Neighbor fund
- Looking to bring third driver on this Summer/Fall.
- Gym use remains steady.
- Discussed Walk Fit to be held at the Fit Court at Moulton Playground
- Senior Property Tax Work Off applications will be accepted May 1<sup>st</sup> through June 30<sup>th</sup> for FY 24 placements. 20 total households/participants allowed. Goal is to match the full allowance of 20 participants to jobs.
- May is Older American's Month

Maureen Hickey moved to accept Director's Report, Flo Calore seconded, all in favor.

**7. Age Friendly Action Plan Review.**

Brief discussion of Age Friendly. Age Friendly programming incorporated in monthly activities. Nothing to vote on.

**8. Thank you words for departing board members**

Thank you to Flo Calore and Elizabeth Ellis for their service to the Council on Aging Board.

**9. Goals and Objectives of the Board- Deferred until next month**

**10. Discussion of Officers: Deferred to next month after review of bylaws**

**11. Adjournment**

Motion to adjourn made by Maureen Hickey, seconded by Elizabeth Ellis. All in favor.  
Meeting Adjourned at 7:19 PM

*Respectfully submitted*  
*Karen Burke*