



## WAKEFIELD BOARD OF HEALTH MEETING

**William J. Lee Memorial Town Hall  
First Floor Finance Committee Room  
One Lafayette Street, Wakefield, MA 01880  
Wednesday, September 21, 2016**

---

**PRESENT:**

Alison Mehlman, Chair  
Laurel Gourville, Vice Chair  
Elaine Silva, Secretary  
Ruth L. Clay, Health Director  
Cindy Luongo, Clerk

Mark Sardella Wakefield Item  
Residents  
Mary & Michael O'Connell  
Thung Dang

### ----- TOPICS OF DISCUSSION -----

The Wakefield Board of Health held a meeting on Wednesday, September 21, 2016 at 7:00 PM in the Second Floor Conference Room, William J. Lee Memorial Town Hall, One Lafayette Street, Wakefield, MA 01880.

**Call to Order** Chairperson Mehlman called the meeting to order at 7:00 pm.

**Approval of Minutes** Silva moved to approve the minutes. Gourville seconded. Motion passed 3-0.

**Public Hearing:** Public Hearing was opened. Clay noted there were no comments. There was no one present giving comments. Public Hearing was closed. Motion was made for  
**Adding fees for Bodywork** a permit fee of \$150 a year for each establishment and a fee of \$75 a year for each practitioner. Motion passed 3-0-0.

**Definitive Subdivision:** No comment from the Board.  
**The Woods**

**Election for BOH Officers** Alison Mehlman motions to nominate Laurel Gourville as Chairperson Elaine seconded the motion. Motion passed 3-0-0. Laurel Gourville motions to nominate Alison as secretary and Elaine Silva as vice chairperson, Alison seconded the motion. Motion passed 3-0-0.

**Wake Up Update**

On August 19<sup>th</sup> downtown merchants had the opportunity to meet with Wakefield Police Leadership, Patrol Officers, and Social Workers to voice safety concerns. The business owners talked about the struggle with homeless individuals and

those struggling with addiction. Owners also addressed the issue of night time safety, and particular areas of concern (Parking Garage/Lot behind Harts Hardware). Wakefield Police Department responded to questions and took suggestions to improve the safety of Wakefield's business districts.

**MOAPC/SAPC Annual Meeting:** On August 31st the Mystic Valley Public Health Commission held their annual meeting to discuss the region's efforts on preventing Opioid Overdoses (both fatal and non-fatal) and strategies to address primary prevention & underage alcohol use. The Opioid Strategy group presented on a new target strategy to work with members in the labor unions and trades in addition to public bathroom overdose/safety posters and the Stigma campaign. The Prevention Strategy group provided everyone with the current regional data, town by town for underage drinking, marijuana, and Rx drug use. The group talked about changes with youth access, school policies, and parental norms.

**Fall Sports Orientation:** On September 6<sup>th</sup> WMHS School Resource Officer Jay Skillings and Wake-Up Director Catherine Dhingra spoke to all parents of students who are playing a fall sport. Officer Skillings and Catherine provided parents with the latest Wakefield YRBS youth substance use statistics, the important role parents play in their children's likelihood of substance use, strategies to talk with their students, reminder of Social Host Liability, and MIAA and Wakefield policies. Parents were also provided with important information about Opioids and their athlete's risk of addiction to painkillers.

**Mental Health 101:** Boys and Girls Club staff were led in Youth Mental Health 101 one hour presentation by Donna Kausek, Elliot Services. Officer Tobyne provided an overview of reporting protocols

## Health Director's Report

FDA Grant: Ruth is progressing with her fieldwork with Mark Carleo. Our October meeting we will have a Public Hearing for the adoption the 2013 Food Code. A letter will go out to all food establishments inviting them to the meeting.

Café Yogurt and Jeannie's Ice Cream have closed. Laurie's 909 will be closing and reopening at the Jeannie's Ice Cream location for catering.

Flu Clinics dates are set.

Ann Lucey, a longtime Wakefield fixture with her slush carts at the lake, passed away this month.

## Other Business

Residents of Highland Ave and Broadway came to the BOH meeting to talk about their experience with rodents in their neighborhood. Ruth Clay explained that the rodent issue that Wakefield is having is being seen in many communities as well. She recently walked the Senior Center and did not see any evidence of burrows. They have bait boxes however every town owned building is under contract for rodent control. She gave a number of suggestions if rodents are seen on your property. When asked if construction as a possible cause for the explosion of rats Ruth explains that when there is demolition of a building pest

abatement within 30 days of the demolition is required by Wakefield.

Silva motioned to close the meeting at 08:44pm. Mehlman seconded the motion.  
Motion passed 3-0. October meeting is set for 10/19/16

**Meeting  
Handouts**

1. Agenda
2. June Minutes
3. Health Directors Report

Respectfully submitted,

---

Cindy Luongo, Clerk