

WAKEFIELD PUBLIC SCHOOLS COMMUNITY EDUCATION SPRING 2011

Community Education Calendar

Registration at High School Cafeteria

MONDAY, MARCH 7 Registration, 7:30 p.m.
TUESDAY, MARCH 8 . . . Late Registration, High School Cafeteria, 7:00-8:00 p.m.
WEDNESDAY, MARCH 9 Late Registration, High School Cafeteria, 7:00-8:00 p.m.
MONDAY, MARCH 21 Classes Begin

No classes April 19-23

General Information

The Office of the Community Education Program is at the Wakefield High School. Call **246-6444. HOTLINE** — Community Education has a 24 hour answering service.

PARKING

All classes should park in the rear of W.H.S. (SEE MAP ON BACK PAGE)

SENIOR ADULTS (60+)

All senior adults are allowed a 25% reduction.

NO REDUCTION ON SEMINARS.

**REGISTRATION
& OPEN HOUSE
MARCH 7
7:30 P.M.
HIGH SCHOOL CAFE**

An opportunity to meet instructors
and discuss course content.

— NOTIFICATION ONLY IN CASE OF CLASS CANCELLATION —

REGISTRATION FORM

SPRING 2011

Registration fees must be included. Checks **must** be made payable to the TOWN of WAKEFIELD. If your course has been filled, your registration fee will be promptly refunded. **Each Course MUST be paid with a separate check.**

Name: _____

Address: _____

Telephone: _____

Course/s Desired: _____ Sec. _____ Tuition: _____

Date: _____ Amount Enclosed: _____

Registration for all classes may be completed by mail by filling out the registration form and sending it to:

Director of Community Education
Wakefield High School
60 Farm Street
Wakefield, MA 01880

**COMPLETE
COURSE
LISTING
INSIDE ➡**

MAIL-IN REGISTRATIONS ACCEPTED

JOIN US!

Do you have a hobby, skill, talent, avocation, trade, interest, competency you might like to share with others and be paid for the pleasure? Courses can meet for as little as two hours or as many as twenty. Teaching experience not required. Please call (781) 246-6444 or write to: Wakefield Community Education, Wakefield High School, 60 Farm Street, Wakefield, MA 01880.

S.A.T (P.S.A.T) — Prep Class
March 6, 13, 20, 27, April 3, 10, 17, May 1.
at Civic Center, 6:00-9:00 PM. Tuition \$317

www.wakefield.ma.us

WAKEFIELD CHORAL SOCIETY • NO EXPERIENCE NECESSARY • OPEN REHEARSALS

Don't miss this opportunity to join this dynamic singing group. Rehearsals are Mondays, 7:00 PM, High School Music Area. All are welcome. Call Community Education for more information. **Open Rehearsals During January. First Meeting January 10.** *Tuition: \$50*

SEMINARS—Use Cafe Entrance (Front of School)

PRE-REGISTRATION REQUIRED – NO SENIOR DISCOUNTS

How to Buy & Finance a Home

These sessions are designed to offer a wealth of information, tips and strategies in the home-buying and refinancing process, especially considering the recent opportunities created by the auctions and foreclosures. The class will cover all of the terms and options of financing real estate as well as credit issues. It will include a complimentary credit report and you will have an opportunity to ask questions of an attorney, appraiser, home inspector, insurance agent, broker and loan officer.

Time/Place: 7:00-9:00 pm - HS 2116 - Fee: \$20 p.p./couple - Mondays, MARCH 28, APRIL 4 & 11.

Canine Learning and Body Language

Understand how dogs learn and communicate and how body language influences their interactions and relationships. Learn how your body language and manners of touch can enhance the relationship between you and your dog, and learn how to interpret dog-dog interactions.

Time/Place: 7:30 pm - HS 2301 - Fee: \$20 p.p. - Monday, MARCH 28.

Cat Behavior Workshops

Must Love Cats: Understand Cat Body Language and How Your Cat Communicates

Understand how cats communicate with humans and with each other. Learn simple verbal and nonverbal communication techniques to enhance the relationship with your cat. Explore how body language, eye contact, and touch can influence that relationship.

Time/Place: 7:30 pm - HS 2301 - Fee: \$20 p.p. - Tuesday, MARCH 29.

Lowering the Cost of Your Child's College Education - Tuesday, MARCH 29, 7:00 pm.

H.S. Room 2301, Fee: \$20 per person/family

Techniques of Stress Management With Self-Hypnosis

Learn more effective responses to stress in your life with relaxation, meditation, and quieting skills using self-hypnosis as an effective reinforcer.

Time/Place: 7:00-8:30 pm - HS 1253 - Fee: \$45 (+\$16 book) p.p. - Thursdays, MAR. 31, APRIL 7, 14, 28, MAY 5, 12.

Chinese Medicine/Acupressure Exercises

Informational Overview at Registration on Monday, March 7, 7:00 pm. This course will cover topics such as how to prevent wrinkles, backaches, insomnia, headaches and catching colds with simple self-help acupressure and stretching. It also includes alternative ways to deal with weight problems, smoking cessation and pain management.

This six week program will be held on Mondays, APRIL 4, 11, 25, MAY 2, 9, 16. H.S. Room 2116. 7:20-8:50 pm. Fee \$36/pp.

How to Get Completely Debt Free . . .

Eliminate your credit card debt in 1-4 years and your mortgage in another 9 years. You will leave class with a complete, personalized debt-elimination plan. Students should bring a list of debts showing balances and minimum monthly payments along with a calculator to the workshop. Course fee includes a \$8.00, 12 page workbook. An optional text is available from the instructor for \$43.00.

Time/Place: 7:00 pm - HS 2116 - Fee: \$33 p.p. - Tuesday, APRIL 4.

For more information on any seminar, call Community Education.

ALL SEMINARS REQUIRE PRE-REGISTRATION

REGISTER BY MAIL/TELEPHONE — 246-6444

ALL SEMINARS AT WAKEFIELD HIGH SCHOOL

www.wakefield.ma.us

S.A.T (P.S.A.T) — Prep Class

Sundays, March 6, 13, 20, 27, April 3, 10, 17, May 1 – 6:00-9:00 PM

Wakefield Civic Center (Lower Level)

Tuition: \$317 – Call 1-800-866-7287

PRE-REGISTRATION NECESSARY FOR ALL PROGRAMS

ALL CLASSES 8 WEEKS UNLESS SPECIFIED

COURSES

MONDAY

Choral Society

Instructor: Murphy
Time & Place: 7:00-9:00 PM, H.S., Choral Area, **STARTING January 10**
OPEN REHEARSAL January 10, 17, 24
Fee: \$50

Chinese Medicine/Acupressure Exercises

Time & Place: 7:20-8:50 PM, H.S. 2116
Fee: \$36 pp
6 wks - April 4, 11, 25, May 2, 9, 16

Canine Learning

Instructor: Stevenson
Time & Place: 7:00-8:30 PM, H.S. 2301
March 28
Fee: \$20 p.p.

MONDAY & WEDNESDAY

Volleyball

Instructor: Sherman
Time & Place: 7:30-10 PM, Galvin Gym
Mon., March 7-June 11
Fee: \$30

REGISTER IN GALVIN GYM AT GALVIN MIDDLE SCHOOL

Hatha Yoga/Meditation

Instructor: Sant.
Time: 6:30-7:30 PM

Session I

	Mon.	Wed.
March		23
	28	30
April	4	6
	11	13
	25	

Fee \$72

Session II

	Mon.	Wed.
April		27
May	2	4
	9	11(gym)
	16	18
	23	

Fee \$72

Session III

	Mon.	Wed.
May		25
June	6	8
	13	15
	20	22

Fee \$63

ALL CLASSES AT WOODVILLE SCHOOL CAFETERIA - REGISTER AT FIRST CLASS PER SESSION-All Classes \$72 Seniors (60+) \$54

TUESDAY

Photo/Digital 35 MM SLR

Instructor: Schopperle
Time & Place: 7-9 PM, H.S., 1305
Fee: \$48 - 6 weeks - March 22-May 3

Italian (Conversational)

Instructor: Stuto
Time & Place: 7-9 PM, H.S., 1316
Fee: \$64 - 8 weeks - March 22-May 17

Oil Painting/Watercolor

Instructor: Frey
Time & Place: 7-10 PM, H.S., 1243
Fee: \$70 - 8 weeks - March 22-May 17

Lowering the Cost of Your Child's College Education

March 29, 7:00 PM, H.S. 2116
Fee: \$20 pp/family
PRE-REGISTRATION REQUIRED

How to Get Completely Debt Free

Instructor: Maxwell
Time & Place: 7:00-10:00 PM, H.S. 2116
April 4
Fee: \$33 (includes text)

Home Buyer Program

How to Buy and Finance a Home
Time & Place: 7:00-9:00 PM, H.S. 2116
Fee: \$20 pp/couple
3 weeks - March 28, April 4 & 11
PRE-REGISTRATION REQUIRED

Cat Behavior Workshop

Instructor: Stevenson
Time & Place: 7:00-8:30 PM, H.S. 2301
March 29
Fee: \$20 p.p.

WEDNESDAY

Quilt Class

Instructor: Pederson
Time & Place: 7-9 PM, H.S. 1307
Fee: \$60 - March 23, 30; April 6, 13, 27; May 4

Golf - Beginner/Interm. - Sec. A

Time & Place: 7-8 PM, W.H.S. Fieldhouse
Dates: 5 weeks-April 27-May 4, 11, 18, 25
Fee: \$60 (\$45 Sr.) Limit 12

THURSDAY

Golf - Beginner/Interm. - Sec. B

Time & Place: 7-8 PM, W.H.S. Fieldhouse
Dates: 5 weeks-April 28-May 5, 12, 19 & 27
Fee: \$60 (\$45 Sr.) Limit 12

Golf - Beginner/Interm. - Sec. C

Time & Place: 8-9 PM, W.H.S. Fieldhouse
Dates: 5 weeks-April 28-May 5, 12, 19 & 27
Fee: \$60 (\$45 Sr.) Limit 12

Spanish Conversational

Instructor: T.B.A.
Time & Place: 7-9 PM, H.S. 1301
Fee: \$64 - 8 weeks March 24-May 19

Techniques of Stress Management with Self-Hypnosis

Time & Place: 7:00-8:30 PM, H.S. 1253
Fee: \$45 pp (TEXT \$16 from instructor)
6 wks: March 31, April 7, 14, 28, May 5, 12

Fly Tying

Instructor: Flaherty
Time & Place: 7-9 PM, H.S. 1401
Fee: \$32 - 4 weeks March 24, 31, April 7, 14

Fly Casting

Instructor: Flaherty
Time & Place: 7-8:30 PM, H.S. Fieldhouse
Fee: \$24 - 4 weeks April 28, May 5, 12, 19

The Art & History of Cinema

Instructor: Spivack
Time & Place: 7-9 PM, H.S. 1253
Fee: \$60 - 6 weeks March 24-May 5

SUNDAY

S.A.T. Prep

Instructor: TBA
Time & Place: 6-9 PM, Civic Center
Sundays - March 6, 13, 20, 27, April 3, 10, 17, May 1
Fee: \$317

COMPUTER COURSES WINDOWS BASED

MONDAY

Intro to PC Windows

Instructor: Gray
Dates: 4 weeks March 21-April 11
Time: 6:30-8:30 PM Fee: \$64

Intro to Microsoft Word

Instructor: Gray
Dates: 4 weeks Apr 25-May 16
Time: 6:30-8:30 PM Fee: \$64

Creating Brochures & Flyers

Instructor: Gray
Dates: 2 weeks June 6 & 13
Time: 6:30-8:30 PM - Rm. 1232 Fee: \$32

Excel

Instructor: Cheever
Dates: 3 weeks April 4, 11, 25
Time: 6:30-8:30 PM - H.S. 1232 Fee: \$48

Powerpoint

Instructor: Cheever
Dates: 3 weeks May 2, 9 & 16
Time: 6:30-8:30 PM - H.S. 1232 Fee: \$48

TUESDAY

Email

Instructor: Cheever
Dates: 1 week March 22
Time: 6:30-8:30 PM Fee: \$16

Browsing/Searching the Internet

Instructor: Webb
Dates: 2 weeks April 5 & 12
Time: 6:30-8:30 PM Fee: \$32

Creating Resumes/M.S. Word

Instructor: Gray
Dates: 2 weeks March 29, April 5
Time: 6:30-8:30 PM Fee: \$32

Letters•Labels•Envelopes

Instructor: Gray
Dates: 2 weeks April 12 & 26
Time: 6:30-8:30 PM Fee: \$32

Quickbooks

Instructor: TBA
Date: 3 weeks May 3, 10, 17
Time: 7:00-9:30 PM-H.S. 1214 Fee: \$48

WEDNESDAY

Digital Photos/Photoshop Elements

Instructor: Webb
Dates: 3 weeks March 16, 23 & 30
Time: 6:30-8:30 PM Fee: \$48

Create Your Own Web Page

Instructor: Webb
Dates: 4 weeks April 6, 13, 27, May 4
Time: 6:30-8:30 PM Fee: \$64

E-Bay-How to?

Instructor: Webb
Date: 1 week May 11
Time: 6:30-8:30 PM Fee: \$16

**ALL CLASSES
AT THE COMPUTER CENTER
AT REAR OF HIGH SCHOOL**



The Center for Performing Arts, Inc.

Adopt a Seat in our Brand New Theater!

The Center for Performing Arts, Inc. is delighted to announce that construction is well underway on a 275 seat, professionally equipped theater, on the site of the former Wakefield High School lecture hall. When it is completed, the theater will provide an excellent performance space for local groups to present concerts, plays, and lectures.

*Don't miss a chance to become part of this worthwhile project
and a part of Wakefield's history.*

Adopt a seat!

Each of the 275 seats in the new theater will have an attractive brass plate mounted on the arm of the chair. Your name (business or personal) or the name of someone you want to honor or memorialize will be engraved on the plate. There is no extra charge for the plate or the engraving.

Adopt a seat for \$250.00

For additional information, call 781-245-2022 or email cpawakefield@aol.com.

